

# Malvern Treatment Centers

## Annual Report 2024

### Malvern Treatment Centers

Founded in 1948, Malvern Treatment Centers is the region's oldest private addiction treatment center. From our humble beginnings we have grown into one of Pennsylvania's most comprehensive and effective substance abuse treatment centers. Today we provide an evidence-based, complete continuum of care for those affected by the disease of addiction. Under the Malvern umbrella we operate two inpatient detox and rehabilitation centers, as well as multiple outpatient locations in the suburbs of Philadelphia. We have accomplished this success through an unrivaled dedication to clinical care and innovative treatment solutions.

### Program Descriptions

#### Interventions

Many struggling individuals have a fear of physical withdrawal from substances, being away from loved ones, or even job loss. This fear can often perpetuate behavioral health symptoms, isolation, and continued substance misuse. Unfortunately, many of the objections that individuals have around seeking formal treatment are the result of being ill-informed about rehabilitation and the journey of recovery. Becoming more informed and contending with the consequences of chronic substance abuse.

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#### Detoxification

Although there are many reasons why a person may choose to stay in active addiction, fear of withdrawal is one of the biggest and most common, keeping individuals locked in the cycle of addiction. Of course, the countless consequences of addiction often evoke the desire to stop using alcohol or drugs; however, the intensity of.

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#### Inpatient Treatment

To many people, inpatient and residential treatment is the worst-case scenario. The perception is the need for inpatient care indicates that the individual's addiction has reached such a level of severity that inpatient care is a requirement. There's something daunting about the prospect of having to leave one's family, spouse, close friends, and loved ones while residing at a residential treatment facility; it's a total separation from one's prior life.

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### Aftercare / Alumni

Completing an alcohol and drug addiction treatment program is an accomplishment worthy of pride as it facilitates the return to a healthy life. Throughout an addiction treatment program, individuals who live with chemical dependency overcome the physical aspects of addiction while learning about the disease itself and the ways in which one can sustain sobriety long-term. However, recovery isn't something that one finishes, ending with the completion of a program.

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### Women's Empowerment (WE) Program

Opened in June 2017, the Women's Empowerment (WE) program is based on the Gender- Responsive Treatment Model and Healing Trauma, both developed by Stephanie Covington, and Seeking Safety, developed by Lisa Najavits. These treatment models emphasize the importance of gender-specific treatment for both women and men. Malvern Treatment Center's WE program focuses on building strength and resiliency for women who live with the disease of addiction, as well as trauma histories and co-occurring disorders.

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### Addiction Awareness Program

Malvern's Addiction Awareness Program (AAP) is designed to provide an alternative line of therapeutic and educational services for clients who present for an assessment due to external factors. These factors could include DUI/DWI Difficulties/requirements from school, job, or other institutions. Treatment obligations set forth by ARD programs or probation officers. Addiction Awareness Program.

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Malvern Behavioral Health:  
Acute Inpatient Treatment for  
Young Adults 18 to 26

## Malvern Treatment Centers Annual Report 2024

Malvern Behavioral Health has a New Website! Visit us at: [www.malvernbeh.com](http://www.malvernbeh.com) Our new website provides detailed information on our program, services, admission process, resources, and so much more.

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### Medication Assisted Treatment

For 70 years, Malvern Treatment Centers has helped those struggling with the disease of addiction using only evidence-based treatment methods. Medication Assisted Treatment is one approach that has proven successful for many individuals when added to a 12-step recovery program and other aftercare treatments. Recovery is best served through a complete understanding of addiction so the choice to include MAT is a shared decision between the clinician and patient.

### ACCOMPLISHMENTS

- Three-year accreditation by CARF  
The facilities increased the use of MAT including suboxone and Sublocade.
- Facility Occupancy Increase
- Enhanced Family Therapy Department
- Enhanced Psychology Department
- Improved engagement in treatment
- Environmental upgrades
- Physical plant upgrades

### FACILITY LOCATIONS

#### **King Road**

940 West King Road  
Malvern, PA 19355-  
3166

#### **Willow Grove**

240 Fitzwatertown Road  
Willow Grove, PA 19090-  
2332

## Malvern Treatment Centers Annual Report 2024

### South Philadelphia

1930 S Broad St. 3rd floor  
Philadelphia, PA 19145-2328

#### MALVERN HEALTH, INC. BOARD OF DIRECTORS'

Nicholas C. Tenaglia, M.D. Chairman of the Board and Chief Executive Officer  
Malvern Health, Inc.  
1000 Germantown Pike, Suite GS  
Plymouth Meeting, PA 19462

Tammy Carter-Tenaglia, PhD. Director Member Services/ Secretary  
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Ted Tenaglia 4021 66<sup>th</sup> Street North  
St. Petersburg, FL 33709-4913

MALVERN HEALTH, INC. AND SUBSIDIARIES

CONSOLIDATED BALANCE SHEETS

DECEMBER 31, 2023 AND 2022

|  | <u>2023</u>          | <u>2022</u>          |
|--|----------------------|----------------------|
| <u>ASSETS</u>  |                      |                      |
| CURRENT ASSETS   |                      |                      |
| Cash and cash equivalents  | \$ 2,394,624         | \$ 2,099,208         |
| Patient fees receivable  | 4,777,363            | 6,125,875            |
| Management fees receivable   | -                    | 58,000               |
| Other receivables  | 167,095              | -                    |
| Prepaid expenses and other current assets                          | 487,452              | 618,825              |
| Current assets held for sale                                       | -                    | 7,452                |
|  | <hr/>                | <hr/>                |
| Total Current Assets   | 7,826,534            | 8,909,360            |
| OTHER ASSETS   |                      |                      |
| Property, plant, and equipment,<br>net of accumulated depreciation | 12,673,545           | 12,924,307           |
| Operating lease right-of-use assets                                | 31,046,719           | 32,775,682           |
| Captive insurance investment                                       | 112,935              | 106,322              |
| Due from entity held for sale                                      | -                    | 591,421              |
| Noncurrent assets held for sale                                    | -                    | 938,804              |
|  | <hr/>                | <hr/>                |
| Total Assets   | <u>\$ 51,659,733</u> | <u>\$ 56,245,896</u> |

See notes to consolidated financial statements.

MALVERN HEALTH, INC. AND SUBSIDIARIES

CONSOLIDATED BALANCE SHEETS

DECEMBER 31, 2023 AND 2022

LIABILITIES AND STOCKHOLDERS' EQUITY

|   | <u>2023</u>          | <u>2022</u>          |
|---|----------------------|----------------------|
| <b>CURRENT LIABILITIES</b>                        |                      |                      |
| Accounts payable and accrued expenses             | \$ 1,226,391         | \$ 1,995,353         |
| Accrued salaries and payroll withholdings payable | 2,011,093            | 1,607,944            |
| Lines of credit                                   | 12,875,364           | 11,897,106           |
| Operating lease liabilities - current             | 2,323,278            | 2,269,835            |
| Notes payable - current                           | 545,466              | 539,088              |
| Current liabilities held for sale                 | <u>-</u>             | <u>62,547</u>        |
| Total Current Liabilities                         | 18,981,592           | 18,371,873           |
| <b>LONG-TERM LIABILITIES</b>                      |                      |                      |
| Operating lease liabilities - long-term           | 29,286,114           | 30,801,047           |
| Notes payable - long-term                         | 1,041,025            | 1,585,942            |
| Noncurrent liabilities held for sale              | <u>-</u>             | <u>1,261,760</u>     |
| Total Liabilities                                 | <u>49,308,731</u>    | <u>52,020,622</u>    |
| <b>STOCKHOLDERS' EQUITY</b>                       |                      |                      |
| Capital stock                                     | 7,120                | 7,120                |
| Additional paid-in capital                        | 5,993,518            | 5,993,518            |
| Retained earnings (deficit)                       | (2,943,728)          | (1,069,456)          |
| Less: Treasury stock                              | <u>(705,908)</u>     | <u>(705,908)</u>     |
| Total Stockholders' Equity                        | <u>2,351,002</u>     | <u>4,225,274</u>     |
| Total Liabilities and Stockholders' Equity        | <u>\$ 51,659,733</u> | <u>\$ 56,245,896</u> |

See notes to consolidated financial statements.

MALVERN HEALTH, INC. AND SUBSIDIARIES  
CONSOLIDATED STATEMENTS OF INCOME  
FOR THE YEARS ENDED DECEMBER 31, 2023 AND 2022

|   | <u>2023</u>           | <u>2022</u>         |
|---|-----------------------|---------------------|
| Revenue:  |                       |                     |
| Net patient service revenue                       | \$ 49,111,590         | \$ 48,119,921       |
| PPP loan forgiveness income                       | -                     | 1,882,249           |
| Food and beverage sales                           | <u>87,850</u>         | <u>562,194</u>      |
| Total revenue                                     | <u>49,199,440</u>     | <u>50,564,364</u>   |
| Operating expenses                                | <u>(49,735,716)</u>   | <u>(46,467,303)</u> |
| Operating income (loss)                           | (536,276)             | 4,097,061           |
| Other income (expense):                           |                       |                     |
| Interest income                                   | 55                    | -                   |
| Management fee income                             | 156,933               | 218,467             |
| Miscellaneous income                              | -                     | 102,669             |
| Loss on disposition of property and equipment     | 39,821                | 26,194              |
| Bad debt expense - loan to discontinued operation | (767,931)             | -                   |
| Legal settlements                                 | (47,500)              | (81,432)            |
| Interest expense                                  | (1,015,855)           | (657,702)           |
| Income from discontinued operations               | <u>378,051</u>        | <u>-</u>            |
| Consolidated net income (loss)                    | <u>\$ (1,792,702)</u> | <u>\$ 3,705,257</u> |

See notes to consolidated financial statements.

