

# Malvern Treatment Centers

## Annual Report 2023

### Malvern Treatment Centers

Founded in 1948, Malvern Treatment Centers is the region's oldest private addiction treatment center. From our humble beginnings we have grown into one of Pennsylvania's most comprehensive and effective substance abuse treatment centers. Today we provide an evidence-based, complete continuum of care for those affected by the disease of addiction. Under the Malvern umbrella we operate two inpatient detox and rehabilitation centers, as well as multiple outpatient locations in the suburbs of Philadelphia. We have accomplished this success through an unrivaled dedication to clinical care and innovative treatment solutions.

### Program Descriptions Interventions

Many struggling individuals have a fear of physical withdrawal from substances, being away from loved ones, or even job loss. This fear can often perpetuate behavioral health symptoms, isolation, and continued substance misuse. Unfortunately, many of the objections that individuals have around seeking formal treatment are the result of being ill-informed about rehabilitation and the journey of recovery. Becoming more informed and contending with the consequences of chronic substance abuse.

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### Detoxification

Although there are many reasons why a person may choose to stay in active addiction, fear of withdrawal is one of the biggest and most common, keeping individuals locked in the cycle of addiction. Of course, the countless consequences of addiction often evoke the desire to stop using alcohol or drugs; however, the intensity of.

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### Inpatient Treatment

To many people, inpatient and residential treatment is the worst-case scenario. The perception is the need for inpatient care indicates that the individual's addiction has reached such a level of severity that inpatient care is a requirement. There's something daunting about the prospect of having to leave one's family, spouse, close friends, and loved ones while residing at a residential treatment facility; it's a total separation from one's prior life.

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### Aftercare / Alumni

Completing an alcohol and drug addiction treatment program is an accomplishment worthy of pride as it facilitates the return to a healthy life. Throughout an addiction treatment program, individuals who live with chemical dependency overcome the physical aspects of addiction while learning about the disease itself and the ways in which one can sustain sobriety long-term. However, recovery isn't something that one finishes, ending with the completion of a program.

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### Women's Empowerment (WE) Program

Opened in June 2017, the Women's Empowerment (WE) program is based on the Gender- Responsive Treatment Model and Healing Trauma, both developed by Stephanie Covington, and Seeking Safety, developed by Lisa Najavits. These treatment models emphasize the importance of gender-specific treatment for both women and men. Malvern Treatment Center's WE program focuses on building strength and resiliency for women who live with the disease of addiction, as well as trauma histories and co-occurring disorders.

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### Addiction Awareness Program

Malvern's Addiction Awareness Program (AAP) is designed to provide an alternative line of therapeutic and educational services for clients who present for an assessment due to external factors. These factors could include DUI/DWI Difficulties/requirements from school, job, or other institutions. Treatment obligations set forth by ARD programs or probation officers. Addiction Awareness Program.

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Malvern Behavioral Health:  
Acute Inpatient Treatment for  
Young Adults 18 to 26

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Malvern Behavioral Health has a New Website! Visit us at: [www.malvernbh.com](http://www.malvernbh.com) Our new website provides detailed information on our program, services, admission process, resources, and so much more.

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### Medication Assisted Treatment

For 70 years, Malvern Treatment Centers has helped those struggling with the disease of addiction using only evidence-based treatment methods. Medication Assisted Treatment is one approach that has proven successful for many individuals when added to a 12-step recovery program and other aftercare treatments. Recovery is best served through a complete understanding of addiction so the choice to include MAT is a shared decision between the clinician and patient.

### ACCOMPLISHMENTS

- Opened the South Philadelphia Facility
  - Three-year accreditation by CARF
- The facilities increased the use of MAT including suboxone and Sublocade.  
Enhanced Family Therapy Department  
Enhanced Psychology Department  
Improved engagement in treatment  
Environmental upgrades  
Physical plant upgrades

### FACILITY LOCATIONS

#### **King Road**

940 West King Road  
Malvern, PA 19355-  
3166

#### **Willow Grove**

240 Fitzwatertown Road  
Willow Grove, PA 19090-  
2332

## Malvern Treatment Centers Annual Report 2022

### South Philadelphia

1930 S Broad St. 3rd floor  
Philadelphia, PA 19145-2328

#### MALVERN HEALTH, INC. BOARD OF DIRECTORS'

Nicholas C. Tenaglia, M.D.	Chairman of the Board and Chief Executive Officer Malvern Health, Inc. 1000 Germantown Pike, Suite GS Plymouth Meeting, PA 19462
Tammy Carter-Tenaglia, PhD.	Director Member Services/ Secretary Malvern Health, Inc. 1000 Germantown Pike, Suite GS Plymouth Meeting, PA 19462
George A Saitta, CPA	Executive Partner Heffler, Radetich & Saitta, LLP 1515 Market Street, Suite 1700 Philadelphia, PA 19102
Rick Neeson	Advisor Malvern Health, Inc. 1000 Germantown Pike, Suite GS Plymouth Meeting, PA 19462
Bruce A. O'Neill, Esq.	Community Representative Malvern Health, Inc. 1000 Germantown Pike, Suite 05 Plymouth Meeting, PA 19462
Ted Tenaglia	4021 66 <sup>th</sup> Street North St. Petersburg, FL 33709-4913

MALVERN HEALTH, INC. AND SUBSIDIARIESCONSOLIDATED BALANCE SHEETSDECEMBER 31, 2022 AND 2021

	<u>ASSETS</u>	
	<u>2022</u>	<u>2021</u>
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	\$ 2,099,208	\$ 484,559
Patient fees receivable	6,125,875	4,348,236
Management fees receivable	58,000	-
Prepaid expenses and other current assets	<u>626,277</u>	<u>647,663</u>
Total Current Assets	8,909,360	5,480,458
<b>OTHER ASSETS</b>		
Property, plant, and equipment, net of accumulated depreciation	13,267,458	11,995,377
Operating lease right-of-use assets	33,371,335	-
Captive insurance investment	<u>106,322</u>	<u>106,322</u>
Total Assets	<u>\$ 55,654,475</u>	<u>\$ 17,582,157</u>

See notes to consolidated financial statements.

MALVERN HEALTH, INC. AND SUBSIDIARIESCONSOLIDATED BALANCE SHEETSDECEMBER 31, 2022 AND 2021LIABILITIES AND STOCKHOLDERS' EQUITY

	<u>2022</u>	<u>2021</u>
<b>CURRENT LIABILITIES</b>		
Accounts payable and accrued expenses	\$ 1,998,003	\$ 1,075,621
Accrued salaries and payroll withholdings payable	1,607,944	1,779,071
Lines of credit	11,897,106	9,635,385
Operating lease liabilities - current	2,329,732	-
Notes payable - current	<u>539,088</u>	<u>400,000</u>
Total Current Liabilities	18,371,873	12,890,077
<b>LONG-TERM LIABILITIES</b>		
Operating lease liabilities - long-term	31,345,386	-
Notes payable - long-term	1,585,942	4,046,063
Due to related party - Tebow, LLC	<u>126,000</u>	<u>126,000</u>
Total Liabilities	<u>51,429,201</u>	<u>17,062,140</u>
<b>STOCKHOLDERS' EQUITY</b>		
Capital stock	7,120	7,120
Additional paid-in capital	5,993,518	5,993,518
Retained earnings (deficit)	(1,069,456)	(4,774,713)
Less: Treasury stock	<u>(705,908)</u>	<u>(705,908)</u>
Total Stockholders' Equity	<u>4,225,274</u>	<u>520,017</u>
Total Liabilities and Stockholders' Equity	<u>\$ 55,654,475</u>	<u>\$ 17,582,157</u>

See notes to consolidated financial statements.

MALVERN HEALTH, INC. AND SUBSIDIARIES  
CONSOLIDATED STATEMENTS OF INCOME  
FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021

	<u>2022</u>	<u>2021</u>
Revenue:		
Net patient service revenue	\$ 48,119,921	\$ 37,418,062
PPP loan forgiveness income	1,882,249	2,570,503
Food and beverage sales	562,194	91,136
	<u>50,564,364</u>	<u>40,079,701</u>
Operating expenses	<u>(46,467,303)</u>	<u>(38,233,693)</u>
Operating income	4,097,061	1,846,008
Other income (expense):		
Interest income	-	1
Management fee income	218,467	-
Miscellaneous income	102,669	66,432
Loss on disposition of property and equipment	26,194	-
Bad debt expense - affiliate loan to IBC	-	(1,221,753)
Legal settlements	(81,432)	(2,500)
Interest expense	<u>(657,702)</u>	<u>(450,440)</u>
Consolidated net income	<u>\$ 3,705,257</u>	<u>\$ 237,748</u>

See notes to consolidated financial statements.