

Malvern Willow Grove

LUNCH WEEK #2

Fall 2019

Sunday

Chicken Caesar Wrap; Italian Wedding Soup; Sweet Potato Waffle Fries

Monday

*Meatball Grinder; Homestyle Pasta Salad; Pasta Fagioli; Mixed Chef's
Choice Vegetable*

Tuesday

*Deluxe Turkey Club with Bacon on Multi Grain ; Sweet Potato Fries;
Tomato Basil Bisque*

Wednesday

*Philly Cheese Steak/ Chicken Cheese Steaks; Onions & Sweet Peppers;
Chicken Noodle Soup; Warm Old Bay Chips*

Thursday

*Filet of Fish Sandwich with Tartar; Mac & Cheese; Homestyle Cole Slaw;
Clam Chowder*

Friday

Cold Deli Subs & Bar: *Italian or Turkey Sub; Sweet & Hot Peppers,
Tomato, Shredded Lettuce, Pickles, Onions Red Bliss Potato Salad, Slaw,
Pasta Salad, Tuna Salad, Egg Salad; Smoothie Soup*

Saturday

*Chicken Pesto Sandwich (No Nuts); Seasoned Waffle Fries; Garlic Green
Beans; Split Pea with Ham Soup*

the

“Always Available...”

*In order to further service
special dietary needs, our
culinary department has
several options available
daily, during normal
lunch hours:*

Smoked Turkey

Sandwich

*Sun Butter & Jelly
Sandwich*

*Roasted Red Pepper
Hummus Wrap*

Black Bean Burger

*Skim, Lactose Free and
Vanilla Soy Milk*

*Fresh Orange Juice;
Coffee; Black Iced Tea;
Mango Infused Water;
Peach Drink; Sugar
Free Lemonade*

Lunch Hours:

**11:30am-1:00 pm
Daily**