

Malvern Willow Grove

DINNER WEEK #3

Fall 2019

Sunday

*Spaghetti Dinner with Meatballs; Garlic Parmesan Bread Sticks;
Caesar Salad Station; Assorted Ice Cream Bars*

Monday

*Chicken Pot Pie; Homestyle Buttered Biscuits; Fried Zucchini Sticks;
Banana Snack Cakes*

Tuesday

Pepper Steak; White Rice; Asian Style Vegetables; Coconut Cake

Wednesday

*Chicken "Wingettes"; Chef's Choice Vegetable Medley;
Mashed Potatoes; Brownies*

Thursday

Grill Night: (Pick 2 Main Items) *Chicken on the Bone; Burgers; All Beef
X-Large Dogs; Baked Beans; Corn on the Cob; Dutch Apple Pie*

Friday

Fish Fry: *Fried Flounder; Mac and Cheese; Stewed Tomatoes; Cole
Slaw; Blueberry Tarts*

Saturday

*Thick Cut Pork Chop; French Fries; Chef's Choice Mixed Vegetable;
Apple Sauce; Key Lime Pie*

the

"Always Available..."

*In order to further service
special dietary needs, our
culinary department has
several options available
daily, during normal
lunch hours:*

Smoked Turkey

Sandwich

*Sun Butter & Jelly
Sandwich*

Black Bean Burgers

*Roasted Red Pepper
Hummus Wrap*

*Skim, Lactose Free and
Vanilla Soy Milk*

*Fresh Orange Juice;
Coffee; Black Iced Tea;
Mango Infused Water;
Peach Drink; Sugar
Free Lemonade*

Dinner Hours:

4:30-6:00pm

Daily