

Malvern Willow Grove

DINNER WEEK #2

Fall 2019

Sunday

Baked Ziti with Italian Sausage; Broccoli; Assorted Ice Cream Bars

Monday

Chicken Cordon Blue; Zucchini Sticks; Baked Potato Bar; Carrot Snack Cake

Tuesday

Kielbasa & Sauerkraut (With or without roll); Pierogis; Chef's Choice Mixed Vegetable; Apple Turnover

Wednesday

Shepherd's Pie; Peas & Carrots; Baked Buttered Biscuits; Ice Cream

Thursday

General Tso's Chicken with Carrots & Sesame; Vegetable Fried Rice; Tapioca Pudding with Mandarin Oranges

Friday

Tortellini Alfredo with (or without) Grilled Chicken Strips ; Roasted Broccoli; Garlic Parmesan Bread Sticks; Italian Ice

Saturday

Roast Eye Round Steak with Demi-Glace; Scalloped Potatoes; Capri Mixed Vegetables; Chocolate Snack Cake

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“Always Available...”

In order to further service special dietary needs, our culinary department has several options available daily, during normal lunch hours:

Smoked Turkey

Sandwich

Sun Butter & Jelly Sandwich

Black Bean Burgers

Roasted Red Pepper Hummus Wrap

Skim, Lactose Free and Vanilla Soy Milk

Fresh Orange Juice; Coffee; Black Iced Tea; Mango Infused Water; Peach Drink; Sugar Free Lemonade

Dinner Hours:

4:30-6:00pm

Daily