



Malvern Institute's Recovery Oriented Community (ROC)

Addiction is a family disease. Malvern Institute designed the Recovery Oriented Community (ROC), an ongoing network of engagement for the recovering individual **and their family** during recovery. **The ROC Helps Families Build a Solid Foundation for Sobriety.** Upon admission, families and patients have a unique opportunity to become members of the ROC community. ROC offers a two-pronged approach designed to support the patient **and the families**, including specific, personal resources focused on helping families navigate their own recovery **during and after** their loved one's inpatient treatment. ROC **guides families** through healthy boundaries, recovery next-steps, and connects them with other resources tailored to meet each family's unique needs. Focused on empowering and connecting individuals and resources, ROC is a dynamic, state of the art tool utilizing several avenues of communication such as texting, online support, and phone calls. **Sign up today**, and a ROC representative will send you a text message with more information on how to **get and stay connected** with other families and recovery-oriented resources.

1. The Recovery Oriented Community (the ROC) offers education, coaching, and recovery support. The ROC is not therapy or treatment.
2. ROC staff are Malvern employees and are certified addiction specialists.
3. It is **your** decision to share your participation in ROC with your loved one, family or friends.
4. ROC is here to help guide you in your own recovery. ROC can provide support throughout the recovery process.
5. The ROC is a free service for you. Malvern Institute will do its best to remain responsive to your requests through the ROC program. You should expect a response to a request within 24 hours, Monday through Friday, from 8 am to 5 pm. If you **or your loved one is in crisis** during evening or weekend hours, a ROC team member will respond to your request as quickly as possible, or you can call **610-MALVERN** at any time if you or your loved one is in crisis or needs to return to treatment.

Family Program Sign Up

First Name: _____ Last Name: _____ Cell Phone: _____

Email Address: _____ Zip Code: _____ County: _____

Loved One's Name: _____

My Age: <25 25-49 50 and up Gender: Male Female Choose not to identify

This is my loved one's: first time in rehab 2nd or more time in rehab readmission to rehab after 1+
month abstinence unknown

Loved One's longest period of abstinence/sobriety: < 1 month 1- 3 months 4-6 months 6-12 months
 > 1 year unknown

Are you current involved: Al-Anon Nar-Anon religious community individual / family therapy
 other support group no support group

Relationship Status: single committed relationship married divorced
 separated widowed

Loved One's Living Arrangements: alone w/significant other w/family w/friends
 sober/recovery house homeless unknown

Loved One's Drug(s) of Choice: alcohol marijuana Oxycontin other pain meds heroin
 Xanax / benzos cocaine/crack LSD/hallucinogens other/unknown

Sign Me Up! _____ (signature) Date: _____