# Malvern Willow Grove LUNCH WEEK #3

# Fall 2019

# Sunday

Turkey Burger on Fresh Roll; Potato Skins; Mixed Vegetable; Potato Leek Soup

# Monday

Bacon Cheese Burger ; Burger "Fixin's Bar"; Steak Fries; Chicken Chili;

## Tuesday

Shredded Barbeque Chicken Grinder; Onion Petals; Homestyle Cole Slaw; Wisconsin Cheddar Soup

#### Wednesday

Philly Cheese Steak/ Chicken Cheese Steaks; Onions & Sweet Peppers; Buffalo Chicken Soup; Warm Old Bay Chips

### Thursday

Roast Pork Sandwich w/ Broccoli Rabe & Sharp Provolone; Sweet Potato Waffle Fries; Corn Chowder

### Friday

<u>Cold Deli Subs & Bar</u>: Italian or Turkey Sub; Sweet & Hot Peppers, Tomato, Shredded Lettuce, Pickles, Onions, Potato Salad, Cole Slaw, Pasta Salad, Tuna Salad, Egg Salad; Smoothie Soup

### Saturday

Chicken Parmesan Sandwich; Pasta Salad; Chef's Choice Vegetable; Tomato Florentine Soup the "Always Availables..."

In order to furher service special dietary needs, our culinary department has several options available daily, during normal lunch hours:

Smoked Turkey

Sandwich

Sun Butter & Jelly Sandwich

Roasted Red Pepper Hummus Wrap

**Black Bean Burger** 

Skim, Lactose Free and Vanilla Soy Milk

Fresh Orange Juice; Coffee; Black Iced Tea; Mango Infused Water; Peach Drink; Sugar Free Lemonade

Lunch Hours: 11:30am-1:00 pm Daily